Tips from the Range

while their nerves are on edge.

I have interviewed many

good pro golfers and they all

to be a struggle. An even temper

would just rely on Tom's confi-

dence in himself and play steady

was out of their comfort zone.

control of his ability to sink the

have regained his positive at-

then he would have won at least

three more Master's titles in the

a golfer must stay calm. Throw-

ing clubs or using bad language

to describe how you are per-

forming on the course will

always leave you with a bad

case of the doubts and that is

very detrimental to your game.

If, and when, you hit a bad shot

don't let it surface. You may be

boiling on the inside, but if you

stay calm about the situation,

your focus on the rest of the

round will help you score bet-

ter. Every round has bad holes

and good holes. Stay confident

that the good holes are on the

way and you will have a chance

to improve your overall score

somewhere on the course, so be patient. When you finally

hit that good shot, you will be

more confident on the next shot

even though you are playing

bad. My friend Toby Swartz is

one of the best examples of con-

To build good confidence,

mid to late eighties.

is based in confidence.'

"Confidence is key."

One of the greatest as-

Joe

Collins

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Towns' Youth Football League comes to a close

By Joe Collins **Towns County Herald** Staff Writer

BLAIRSVILLE - The Towns County YFL Pee-Wee squad ended its 2012 season with a semi-final loss to the Flowery Branch Falcons Saturday at the Mike Colwell Memorial Stadium 31-13.

Head Coach Rodney Thomas said before the game, "We have got to play well. They have some really goodlooking kids that can play some football and we can't make any mistakes. We gotta' stop the big

Unfortunately, big teams are prone to making big plays and that was the case on Sat-

On the opening kickoff

coach Thomas proved he was going to be aggressive and ran the old switch back hand-off from Payton Ivestor to Hayden McClure that resulted in a return for a touchdown. The extra point was good by Colin Crowder and the Indians led 7-0 with 7:46 left in the first quarter. The Falcons were not to be outdone and ran the following kickoff back for a score and the Indians momentum was short lived. The extra point was successful and the score was now tied 8-7 with 7:26 left in the first quarter.

The Indians fought hard behind some good offensive line blocking and were able to move the ball during the first quarter but a crucial turnover in the second quarter resulted



The Towns County Pee-Wee Indians stand strong at the goal line. Photo/Joe Collins

in a good drive by the Falcons their lead 31-13 and that is and they raised their lead to 16-7. Another big play later and Flowery Branch led 24-7.

The switch back handoff kickoff return fooled the Falcons again and McClure and Ivestor performed it perfectly to score again with 6:28 left in the second quarter to narrow the Falcons lead 24-13 as the first half ended.

The second half was more of a defensive struggle with both teams holding the other down. The Falcons scored on the first play after the kickoff line of scrimmage to increase how the game ended. Neither team was able to score on the other after that opening kickoff. Towns County's defense played

boys after the game, "Hold your heads up guys. That was a good football team we just played and we almost won a trip to the Super Bowl. That is nothing to be ashamed of. We have had a good season and we will work hard and be back here next year." The team finished in the number one spot in the with a 65-yard run from the order of merit for the North

YFL Director Jimmy Smith would like to thank all the kids and their parents for the successful season the football teams have had.

"We were the only Class Coach Thomas told the A school in the whole league and we had three teams in the play-offs, with one of our teams actually playing for a chance to play in the Super Bowl. That's a credit to our kids and our coaches. I also want to thank our cheerleaders and their parents for all the support they have shown us this year. I am looking forward to next year," Smith

with. His calm approach to his game just exudes confidence and therefore makes him a really tough competitor. We have had some great matches that have come down to the wire because we both knew that the good shots were on the way and we were confident of that fact.

sets of a solid golf game is When I asked the late confidence. The belief that you can play well is a major score and great Chuck Matlack, who improvement area that we all played on the P.G.A. Tour for need to look at. Confidence is over twenty years, how he held it together during a big tournament really the only way a golfer can overcome the first tee jitters he would answer with one word: Confidence. "I knew I could or sink that short putt for the lowest score they've ever had hit certain shots and I believed in myself so that gave me the edge I needed to play well. It is Positive results like a good shot on a certain hole you hit every confidence that overcomes the time you play that hole or a bad in a round of golf. You must putt you made that is similar to believe in your ability and know the one you are facing to win a your limitations. Find your strengths and use them to your match or shoot that career round we all dream of. As they say, advantage, if you know you can do it then the nerves are easier

Confidence is built through positive results on the play better when their mental attitude stays positive and their course. Do you have a certain emotions stay level. Tom Wathole you play often and you find son says, "Never get to high and yourself hitting the same good never get too low. The game is shot there over and over? That is bigger than that when you are confidence. Have you ever been playing well or finding the day addressing a putt and you knew without a shadow of a doubt, even with your eyes closed, it This coming from one of was going in the hole? That is the greatest ball strikers to walk confidence.

I was playing a U.S. Open the earth who knew he could hit qualifier in Newnan in the late the ball the way he wanted most of the time. We, on the other nineties and I was paired with hand, must follow this example then P.G.A. touring pro Peter to steady ourselves when our Jordan. The last hole was a shots find the rough and our dogleg right around a fairway trap that was perfectly placed score starts to rise, even though we are not on his level. His calm on the corner of the fairway to demeanor and patience won him catch wayward drives but was in play" if you wanted to attack many championship titles. His caddie, the late Bruce Edwards, the hole. As we teed off, Jordan was three under and I was even. was a friend of mine and he explained Watson's ability to I knew I wasn't going to qualify win tournaments this way, "We but he felt if he could get to four under he might have a chance. He cut that drive around that while everyone else backed corner trap and found the right up trying to do something that side of the fairway. The pin was cut on the far left of the hole and His confidence proved to be he had place himself perfectly his biggest advantage over the to go for birdie. The pin was a 'sucker" pin and tucked in berest of the field and gave him hind a green side bunker. He hit Another example of conthe perfect little draw to within fidence being important was the ten feet of the hole and sunk the failures Watson had with his putt for a 68. As we were walkputter in the eighties. He simply ing off the green he made the lost his confidence in the short statement, "I wish I could bottle putts that he was used to making the confidence I had on that hole and after awhile he had no posiand carry it with me always. I tive thoughts about putting, just could win tournaments on a the negative thoughts about all regular basis if I could maintain the missed short putts that had that positive approach." You see it was the need to make birdie cost him several Major tournaments. He lost his confidence and a positive experience from in his putter and therefore lost his memory that triggered that

ones that mattered. If he could made it happen. Next time you tee it up titude about his putting stroke and you find yourself doing better than normal, don't tighten up. Think back in your past and find a good shot you hit somewhere and focus on that good shot. Use the positive aspects of the good shot you had before to influence the round you are in at the time. This is how you build confidence, it doesn't just happen overnight. Stay calm on the outside and remember to think about the positive shots you have hit before and not the bad shots you've made. Build a bank of good shot memories to pull from and your handicap

needed birdie. His confidence

will start to fall. Remember, you must practice building up confidence whether you are a rookie or a seasoned veteran of the game. Without positive shot thoughts vour confidence will be in the freezer and so will your game. Stay positive and build confidence by focusing on the good shots and not dwelling on the

Good luck and I will see you on the course!

TCMS begins wrestling season with duals wins

By Joe Collins **Towns County Herald**

The 2012 Towns County wrestling season got underway with their first Dual match being at home against Dawson and Riverview on Tuesday

The Indians won the first match against Riverview in a very impressive fashion with a score of 96-3 and wrestled well down the line and only lost one

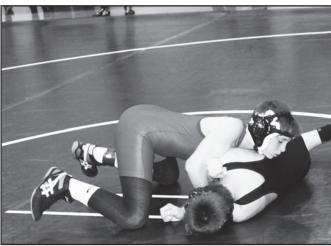
Russell Cox won the toughest match of the dual by fall in the second period. New comers Alex Barrett, Kaine Hoffman, Blaine Rogers, Dawson Hunter, Daylen Esplain and Jonathan Watson all picked up their first wins as middle school wrestlers.

"We came out of the gate strong and wrestled well down the line and dominated our first match of the dual," said Head Coach Jeff Stowers.

The second Duals match of the night also belonged to TCMS as they out wrestled Dawson 59-18. Logan McClure, Dawson Hogsed, J.W. Rosser, Trent Whidden, Blaine Rogers, Owen Bouchard, Russell



TCMS Wrestling places third at Riverview meet.



TCMS Wrestling in action last week. Photo/Lowell Nicholson

Cox, Logan Quinton, Kendal Barnard and Ian Thompson all won their perspective matches and increased the Indians Duals record to 2-0.

The TCMS Indian wrestlers then traveled to Riverview in Dawsonville to compete in their first tournament of the season and after nine hours of competition placed third out of 10 teams with nine wrestlers taking home individual medals.

Bouchard finished first in the 120-pound class, J.W. Rosser had a second in the 98-pound class, Daulton Key placed second in the 120-pound class, Russell Cox claimed second in the 128-pound class, Kaine Hoffman was third in the 77-pound class, Logan McClure took third in the 91-pound class, Ian Thompson won third in the 285-pound class, Dawson Hogsed finished fourth in the 98-pound class and Nick Shook had a fourth place finish in the 152-pound class.

The middle school is off and running and have already made some noise.

Their next meet will be Saturday's King of the Mountain in Hiawassee. Make plans now to go and watch some good wrestling as the TCMS is on a roll.

YHC Homecoming

Young Harris College students and alumni and Mountain Lions fans will kick off the 2012-2013 basketball season with Homecoming, Friday-Saturday, Nov. 16-17. With festivities centered around the theme "Blast from the Past," this exciting annual event will be presented in collaboration with the offices of Student Development and Alumni Services and the Department of Athletics.

Throughout the week, students will compete in a variety of challenges and events, including a trivia game, spirit sign contest and block party, car decorating competition and lip sync challenge, in anticipation of the big weekend.

"Part of our goal with Homecoming is to develop traditions," said YHC Resident Director Hilary Martin, who serves as program coordinator for Homecoming and game day activities. "Some of this year's competitions were established in 2011, and we hope these events will draw a lot of excitement and talent so students will look forward to them year after year.'

Homecoming weekend will kick off Friday night, Nov. 16, with a student-led pep rally and bonfire. The public is invited to join

the festivities on Saturday, Nov. 17, beginning with a Homecoming parade at 11 a.m. that will include a variety of student-created floats as well as local civic leaders and businesses. The parade will begin on Maple Street and progress up toward U.S. Highway 76 where

it will turn south. The route will lead back into campus at College Street and continue into the interior of campus, past Susan B. Harris Chapel and Sharp Hall, ultimately ending at the Recreation and Fit Tailgating festivities and

celebratory pre-game picnic luncl catered by Atlanta's world-famou drive-in The Varsity will follow for YHC students and alumni, begin ning at 12 p.m. A special reception for all former YHC athletes wil begin at 1:30 p.m. in the Recre ation and Fitness Center. Also on Saturday, YHC'

Student Government Association (SGA) will host a special exhibit celebrating Sharp Hall's 100tl birthday that will include a cake reception. The women's basketbal

team will take on Bryan College at 2 p.m. in the Recreation and Fitness Center, and the men' basketball team will play Shorte University at 4 p.m. Homecoming Week cham-

pions and individual competition winners will be announced and the Homecoming King and Queen will be crowned during the basket Combination tickets for

lunch and both games are available to YHC alumni for \$20 per adult and \$10 for children under 12 through the Office of Alumn Services at (706) 379-5334 or online at yhc.edu/homecoming.

Tickets for the games only are available to the public through the Department of Athletics at (706) 379-5296.

Towns County Middle School Basketball Schedule 2012 Đ **2013**

	Opponent	Place	Time	Bus Lea
	1 st Practice/Tryouts	TCMS Gym	TBA	
	Union County (7 th /8 th Girls) Union County (7 th /8 th Boys)	Home Away	4:15pm 4:15pm	2:50
	Lumpkin County (7 th / 8 th Girls) Lumpkin County (7 th /8 th Boys)	Away Home	4:15pm 4:15pm	2:00
	South Habersham (7 th /8 th Girls) South Habersham (7 th /8 th Boys)	Away Home	4:15pm 4:15pm	2:15
	Lakeview Academy (7th Boys/8th Girls and Bo	oys)Home	4:00pm	
	North Habersham (7 th /8 th Girls) North Habersham (7 th /8 th Boys)	Away Home	4:15pm 4:15pm	2:15
t 1	Wilbanks (7 th /8 th Girls) Wilbanks (7 th /8 th Boys)	Home Away	4:15pm 4:15pm	2:15
	Tallulah Falls (7 th Girls and Boys)	Away	10:00am	8:15
	White County (7 th /8 th Girls) White County (7 th /8 th Boys)	Home Away	4:15pm 4:15pm	2:45
	Rabun County (7 th /8 th Girls) Rabun County (7 th /8 th Boys)	Home Away	4:15pm 4:15pm	2:45
	Hayesville, NC (8 th Girls and Boys)	Home	10:00am	
	Union County (7 th /8 th Girls) Union County (7 th /8 th Boys)	Away Home	4:15pm 4:15pm	2:50
	Lakeview Academy (7thBoys/8th Girls and Bo	ys)Away	4:00pm	8:00
	Hayesville, NC (8 th Girls and Boys)	Away	4:30pm	3:00
	South Habersham (7 th /8 th Girls) South Habersham (7 th /8 th Boys)	Home Away	4:15pm 4:15pm	2:15
	Lumpkin County (7 th /8 th Girls) Lumpkin County (7 th /8 th Boys)	Home Away	4:15pm 4:15pm	2:00
	Tallulah Falls (7 th Girls and Boys)	Home	4:00pm	
	Donat Torring to the state	Lanca de la C	. I Maralalla Cala a al	

Lumpkin County Middle School

White County Middle School

1/7

Robbinsville

Pickens Co

Boys Tournament (7th and 8th)

Girls Tournament (7th and 8th)

fidence controlling ones game as anybody I have ever played Towns Co.

MIDDLE SCHOOL WRESTLING

	2012						
Date	Opponent	Location	Time	Leave Time			
10/30	Dawson / Riverview	Home	5:00				
11/3	Eagle Classic	Riverview	TBA	6:30 am			
11/7	Lumpkin Co./ Union Co./ Jasper	Home	5:00				
11/10	Junior Mountaineer	Dahlonega	TBA	6:30 am			
11/13	White Co. / Fannin Co.	Cleveland	5:00	3:15			
11/17	King of the Mountains	Home	TBA				
11/27	Dawson / Riverview	Riverview	5:00	2:45			



Robbinsville

Jasper

5:00 2:30

5:00 2:30