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Indian grapplers ready for mat time, first match at Andrews on Nov. 18

By Shawn Jarrard Towns County Herald Staff Writer

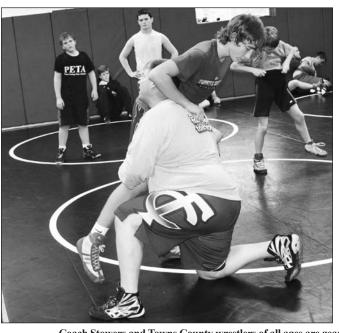
The wrestling season is gearing up at Towns County High School, and students will be ready to hit the mat come the first match of the season in Andrews, NC, on Wednesday, Nov. 18.

"It's always fun and exciting the first couple of weeks when you get back in the room with the guys and spend some time with them, haven't seen them in a while," said Indians Head Coach Jeff Stowers. "I catch them in the hallway every now and then, but there's some that I don't see because I don't teach them anymore and stuff like that, so it's always good to get with them and spend some

"We've been pretty thin this first week, because I gave the football guys a week off if they wanted it, and so most of those football guvs took a week off to kind of get healed up from some dings. We should have our full crew starting Monday, Nov. 9." The Indians are coming

off of a successful 2014-2015 season, having hit both the 100th and 120th dual match win marks in school history last year. Several Indians placed at

area, sectional and state competition, and at Area Duals, Towns County wrestled for True Second, falling but just barely to there first.



Coach Stowers and Towns County wrestlers of all ages are gearing up for the 2015-16 wrestling season. Photos/Lowell Nicholson

"I think that it's going to turning this week to wrestling from cross country, which just

finished its season with a fourth year," said Stowers. "I think that straight State Championship by Commerce is far and away the the girls and Third Place for the boys, as well as kids returning do feel that we are as good as from the end of football season, Coach Stowers expects his ranks to start filling up. "Where we have kids we

merce, and then go to the state are going to be pretty good," said Coach Stowers. "Our problem is that everybody has grown and bunched up some, so we have a bad day I think we can beat like seven kids at 170 pounds, we've got six or seven kids be-

With student athletes re- unless they can separate, we're We're just trying to find kids to going to struggle to fill all the weight classes. I'm hoping they can separate some and we can ers know that it will probably find a big guy, we don't really have a big guy yet.

"If we can fill every weight class, we're going to now, we're just trying to fill every weight class. We've got tons of kids coming back from last year. The only two we lost were Aaron Collier and Kyle Davis that scored any points, and Aaron staved hurt most of the year, so we're only trying to tween 120 and 132 pounds. And replace Kyle for the most part. hoping they would, so Thomas Nov. 21.

stick in some gaps.'

Realistically, Coach Stowtake a month or two for kids to adjust to the weight classes in which they are needed.

"It may take until Christbe pretty hard to handle. Right mas to get everybody in the right weight class," said Coach Stowers. "We may struggle a little bit early in some dual match stuff, but I would hope by Area Duals that we'll be able to put a body in every weight class. That's kind of the goal. Our light kids from last year grew more than I was

Mitchell and Kaine Hoffman, instead of being at 113 and 120, this year they're at 120 and 126.

"So, what that did, the kids that were at 126 and 132 last year didn't grow any, so they're still there. Now we've got six kids that are quality wrestlers that are going to have to fight it out for three weight classes. Which makes us more competitive, but it doesn't help us out because we have some forfeits in some weight classes. We're going to get kids in there, get kids in weight classes and all that good stuff, it just may be a struggle for a little while in a dual match setting to try to get everybody on the same page.'

Again, the team's first match is Nov. 18 at Andrews,

"We're going to wrestle Andrews and Hayesville at Andrews," said Coach Stowers. "And then Friday night, Nov. 20, we've got our Melee in the Mountains duals tournament at our place in the middle school gym, and it's going to be us, Hayesville, Smoky Mountain, Dawson County and Hiwassee Dam maybe."

The day following the Melee, the Indians will travel to the Union Invitational to test their might in the annual Panther Throw-Down on Nov. 21, while the middle school team will stay home to host the Middle School King of the Mountain, also on

## More photos from Towns Cross Country's trip to the State Championships Towns County Cross Country photos by Todd Forrest





come down between us and St.

Francis again at Area Duals this

best team in the state, but I really

anybody else in the state when

we're on, so our goal is to go to

area and finish second to Com-

tournament and see what hap-

pens. You never can tell, if we

have a good day and they have

them. We just have to get down



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Run for Recovery 5K

The first Run for Recovery 5K takes place at the beautiful Meeks Park in Blairsville, GA, during the peak of fall November 14th. Located in the picturesque North Georgia Mountains, your 5K journey will present an experience of breathtaking art by God's nature and man's handiwork. Beyond the personal race for victory, your participation will support the fight against drug addiction. Come help us cel-

We will begin registration at 8 a.m., race at 9 a.m. The course will start at the end pavilion of Meeks Park signified by a sign. Abundance of parking is available. Make sure all waivers are signed, and bring a picture ID. Rain or shine - dress accordingly. Pre-register at www.ACTIVE.com, \$25 online, \$35 morning of race. Call 706-487-8100 for more information. N(Nov11,Z3)CA

ebrate the drug free life.

SPORTS

On-line registration is now open for Upward Indoor Soccer for boys and girls in grades Kindergarten through 8th Grade at www.hopb.org or at www.fumcunioncounty.org.

The registration price to participate is \$60, through December 10, 2015, and an additional \$10 will be applied thereafter. Payment plans are available, if needed. Convenient weekly practices commence January 11, 2016, while games will be held every Saturday between January 30 and March 5, 2016.

Registrants should attend the evaluation that will be held on Thursday, December 10, 2015 on a drop-in basis between the hours of 5:30 and 7:30 p.m. at the House of Prayer Family Life Center located behind the sanctu-

For more information regarding registration, contact (706) 745-5925. Information regarding Upward Sports can be found online at www.upward. org. N(Nov11,A1)SH

Thursday and Friday, November 12 – 13, 7 a.m. – 4 p.m., at Union General Hospital, in the Old Lobby—Deep South Farm Road side of building

The Linen Sales have been very popular with hos-

This is our first Linen set-up. The sale will be held pital auxiliaries throughout tal of \$26,500 in 2014 & 2015. our state and also nationwide. Our Hospital Auxiliary have different fund raisers for the purpose to give scholarships cards and payroll deduction acto students who are training in a medical/ health care related about the sale! If you need field of study. We are thrilled more information, contact, Suto say that we have given a to-

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