Towns County Sports

Towns County's Leader In Sports

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10&U Softball places fifth in World Series | TCHS Lady Indians' Summer

By Christy Giles Special to The Herald

The 10&U Towns County Lady Indians softball team left Hiawassee on Tuesday, July 9th, all revved up and ready to take Mississippi by storm.

They arrived in South Haven late Tuesday night. On Wednesday, they participated in the opening ceremonies for the Dizzy Dean Fast Pitch Softball World Series. Girls from six different states came together to compete for the 10&U division National Championship.

Of the 14 teams in the 10&U division, Towns Co. and another team drew a bye and started on the road to victory in the second round of action.

The first game was played in the sweltering heat on Thursday at 3 p.m. against the neighboring Murphy, NC Bomb Squad.

Both teams fought hard to score, but Towns County was first on the board with a run by short stop, Anna Ruryk in the bottom of the 3rd inning



Sophia Shook



Arina Bradshaw



Towns County 10&U Softball photos by Kristy Ruryk

Murphy managed to steal sending in the last run, adding five home in the 4th inning, tying the more runs to the board. score. The Lady Indians rallied up in the bottom of the 5th, thanks to catcher Sophia Shook and pitcher a hit by left fielder, Bianca Eller, Kennedi Henson, outs at bases by Remington Parker and Abby Parker and Kaytrie Bradshaw, the Mauldin crossed home plate. Towns County Lady Indians held Shortly following were runs by Murphy to see their first win with

Lindsey Giles, Bianca Eller, and a score of 6-1. Ariana Bradshaw with Alisa Moss

with Delta Storm from Greenwood, Miss. on Friday July 12th at 8:30 p.m. Luckily, the temperature

had dropped some. The Lady Indians played tough, working hard to keep Delta Storm from scoring. Eller and Ruryk making spectacular catches, awesome teamwork by the infield and outfield, were just not enough to stop this storm. In the bottom of the fifth inning, the opposing team was winning 3-0.

In the sixth inning they brought in another run, making the final score 4-0, giving the Lady Indians their first loss.

Towns played the Murphy Bomb Squad, again, at 3 p.m. on Saturday. The Lady Indians came out strong, but unfortunately could not hold off the Bomb Squad.

In the top of the 4th inning the score was 3-0 with Murphy winning. In the 5th inning, Sophia Shook came across the plate to give the Indians their only run of the game. The final score ended up being 7-1, with the win going to Murphy.

This loss was the double elimination needed to put the Lady Indians out of the tournament.

However, they were ranked fifth in the World Series and received the Sportsmanship Award for their age division.

These girls played hard and came a long way together. Ranking fifth out of 14 teams, from counties with triple the number of girls we have, they really are a spectacular group of young women and all of them have a bright future in Towns County sports.

Thank you Towns County for all of your support. Thank you Mr. Bill Kendall, Wes Hooper, and Alan Rogers.

League action at Union County









The Towns County High School Lady Indians took part in Summer League games at Union County last week, and on Monday. Their contest with Fannin was rained out during the second inning and the Union game was canceled. Towns went back to Union on Monday to face the Lady Rebels and the Lady Panthers again. Photos/Todd Forrest

Joe Collins

Tips from the Range

Last week we looked at how important it is to use proper footwork to help leave the top of your back swing with a smooth motion that is quiet in the hands and trailing the arms. Acceleration should occur through impact and beyond instead of at the top of your arc. The week before we looked at how important it is focus on the exact second that you start your down swing. This week we are going to look at the key that starts this car and makes everything happen in its own time. If there is one thing that affects your balance eryone else would be to now I'm the point-and-grunt guy," Roush continued. "Hopefully, I'll become swing into a tailspin quicker than you might expect, it's your weight transfer. The key to a proper weight transfer is the move to the front side or front foot. Nothing happens when it is supposed too without a little thing that is seldom discussed, "The Bump". The Bump should be a part of everyone's swing and can be found in the tightest swing on any tour. I am talking about the very first thing that should happen in any swing and the one thing that rarely happens correctly at the amateur level. You must settle your initial weight movement the front side first so the rest of the swing can follow. It is also the power source that starts the arms out of the top, because when the bump happens, it allows the arms the time they need to drop naturally and not require accented force from the hands and wrist. Simply put, the Bump is the move to the front side of the weight transfer before anything happens at the top. It is vital that you transfer your weight to the front side foot to maintain proper balance throughout the swing or

You have to be really careful when working on the weight transfer. If it is performed in any manner that is outside your center of gravity then your impact will be out of square. Moving weight to the front side of your swing will make you want to change your spine position and thus put your head in front of the ball before you hit it. Moving ahead of impact with the head, and in direct relation the top portion of the spine, is wrong and should be avoided at all cost. Your lower body can move just keep the upper part of the upper body still like it was set at address with the bottom end of the spine over the heels. This will help you move through the lower body better when transferring the weight.

You can work on this at almost any time. You can assume a

NASCAR 2013 By Gerald Hodges/the Racing Reporter

Vickers is victorious at New Hampshire PETERS WINS IOWA TRUCK

Brian Vickers pulled off an upset of sorts, by winning Sunday's Sprint Cup race at New Hampshire. It was the Michael Waltrip Racing driver's third career win, and first since Michigan in 2009.

"Man, this car was good today," said Vickers. "We really showed everyone what we could do. They gave me a car that I knew was capable of winning.

"After the last restart, I knew I had the car. It handled great, and I was able to drive to the front. When I got the lead, I was pretty sure no one was going to be able to catch

Vickers didn't take the lead until lap 286 of the 301-lap race. He caught and passed Tony Stewart, and then held off Kyle Busch on a green-white-checkered finish.

"I think we were the fastest

RACE Timothy Peters scored his first truck win of the season Satur-

day night at Iowa Speedway. Peters passed leader, Ty Dillon with 27 laps remaining in the 200-lap race. Dillon hit the wall with five-to-go, and Peters streaked to victory lane ahead of Erik Jones.

The remaining top-10 finishers were: James Buescher, Ron Hornaday, Chase Elliott, Matt Crafton, Miguel Paludo, Darrell Wallace, Joey Coulter, and Dakoda Armstrong

Top-10 leaders after 9 of 22: Crafton-357, 2. J. Burton-319, 3. Buescher-317, 4. T. Dillon-309, 5. Sauter-305, 6. Blaney-290, 7. Paludo-285, 8. Peters-281, 9. Gaughan-280, 10. D. Wallace-272.

JACK ROUSH

result.

Through teamwork by

The Lady Indians met up

Brian Vickers, New Hampshire Cup winner.

Roush was born in Covington, Kentucky and earned a Mathematics degree with a bachelors in physics from Berea College, and a masters in Scientific Mathematics from Eastern Michigan University.

Roush worked at Ford after graduating in 1966, and left in be the mechanic that I hoped ev-1970 to pursue his own company. He worked for a year at Chrysler before leaving to open his own engineering business, that catered to NHRA, IHRA, and AHRA drag racing events. Throughout much of his career Roush offered for sale the parts that he developed for his own team. In 1982, he began to develop road racing vehicles for Ford. This led to a very successful run in the Trans-Am series and IMSA Camel GT in the 80s and early 90s. In 1988, Roush moved south and founded a NASCAR Sprint Cup team now called Roush Fenway Racing with driver Mark Martin. On April 20, 2002, Roush almost lost his life when his private plane, went down in a lake in Troy, Alabama. Roush was underwater and unconscious, suffering from a head concussion, when a retired Marine in a nearby boat, rescued him

Wisconsin Airport in the late afternoon. He walked out of the plane and was taken to a nearby hospital. He suffered a fractured back, broken jaw, and lost his left eye as a

After a quarter-century of owning stock-car teams that have 314 wins in NASCAR and two championships in its premier series, Roush still works seven days a week but doesn't set his alarm for dawn anymore. He no longer spends 90 minutes before every race tinkering with each of his cars' carburetors.

Until a couple years ago, Roush could always be spotted with his trademark hat, inspecting all the spark plugs that were to be used in his team's race cars.

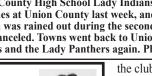
"I've gone from wanting to



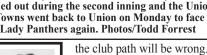












car," said Kyle Busch, who finished second. "When I got into lap traffic, I couldn't turn it. We've got to figure out how to get better on the long runs.

Jeff Burton ran in the top-5 for most of the day and finished third.

"We had a good car," said Burton. "I was able to run up front most of the race. We've usually been able to run better than our results show. Most of the races we've been in the top-10, but things have happened late in the race to take us

Brad Keselowski, the pole sitter finished fourth, followed by Aric Almirola, Jimmie Johnson, Kevin Harvick, Carl Edwards, Matt Kenseth, and Jeff Gordon.

Tony Stewart, who ran strong in the latter stage of the race, ran out of fuel with two laps to go, and wound up 26th.

"I was pretty nervous there at the end," said Stewart. "I knew it was going to be close, but that last caution didn't help. I just got tired of trying to calculate fuel mileage and drove.'

Kurt Busch had a fast car, but was involved in two separate accidents and finished 31st.

Danica Patrick lost control of her car on lap 237. She slid up the track into Travis Kvapil, who made contact with Patrick's boyfriend Ricky Stenhouse. None of these three drivers completed the race. Stenhouse was 34th, with Patrick being credited with 37th, and Kvapil 38th.

Top-10 leaders after 19 of 36: 1. Johnson-696, 2. Bowver-646, 3. Edwards-623, 4. Harvick-622, 5. Earnhardt-578, 6. Kenseth-576, 7 Kyle Busch-576, 8. Biffle-545, 9. Keselowski-529, 10. Kahne-523. "ROWDY" KYLE CLAIMS

NATIONWIDE RACE

Kyle Busch dominated Saturday's Nationwide race at New Hampshire. Not only did he start on the pole, but led the most laps, and survived three green-white-checkered finishes on the way to his 58th career Nationwide victory.

Brian Vickers finished second, followed by Austin Dillon, Brian Scott, Michael Annett, Trevor Bayne, Sam Hornish, Regan Smith, Matt Kenseth, and Alex Bowman.

Top-10 leaders after 17 of 33: 1. Smith-594, 2. Hornish-589, 3. A. Dillon-582, 4. Allgaier-574, 5. Sadler-570, 6. Vickers-548, 7. Larson-546, 8. Scott-534, 9. Bayne-526, 10. Kligerman-535.

SLOWING DOWN

Jack Roush said in an interview last week with USA TODAY Sports, that he was "moving to the sidelines.

"There aren't so many firsts left for me, but I've not lost my passion for competition or my desire to operate at the top of my game," Roush said, "I just look forward to enjoying vicariously the success of drivers winning their first race or championship, and the crew chiefs and engineers able to share in those firsts. It's less about me and more about being a parent or a grandparent to them.

Roush is the founder and CEO of Roush Fenway Racing and has a net worth of \$200 million. He earned his money through his company "Roush Enterprises" which covers racing, freelance engineering and the selling of high performance automobiles and car parts and as co-owner of Roush Fenway Racing.

On July 27, 2010, Roush crash-landed in his private jet, during an approach to the Oshkosh,

less viable before I'm gone. The challenge is to give up the management and decision-making at the right time."

Weekend Racing: The only racing is a Sunday Nationwide race at the 1.5-mile Chicagoland track. The Cup and truck teams have an off weekend, the trucks race Wed., July 24 on the dirt at Eldora Speedway.

Sun., July 21, Nationwide Series race 18 of 33; Starting time: 3 pm ET; TV: ESPN.

Racing Trivia Question: Which Cup team did J. J. Yeley start off driving for in 2004?

Last Week's Question: Terry Labonte, former NASCAR Cup champion is in negotiations to buy James Finch's No. 51 Cup team. How many Cup championships did Labonte win? Answer. Two, 1984, and 1996.

You may e-mail the Racing Reporter at: hodges@ race500.com. NT(Jul 17,C1)ac

Towns County 14U Boys Baseball places 7th in State

Front row l to r: Zachary Davenport, Peyton Smith, Trey Chastain, Andy Chambers, Cole Ledford, Isaiah Shook, Brody Graper, Coach Robbie Graper. Back row: Coach Brett Davenport, Coach Greg Taylor, Jackson Taylor, Major Moss, Blake Collins, Adam Barrett, Kobe Denton and Coach Kenny Barrett.

Boys Baseball Team would like to express their gratitude to Commissioner Kendall and the county for all their generosity and support during our state tournament. Everything Mr. Kendall did was

lot to the players and parents to have he and his wife, Jean, attend the state tournament. Also thanks to Alan Rogers with the Towns County Recreation Department for his continuous years of support

The Towns County 14U greatly appreciated. It meant a and encouragement for this group of ball players. Alan has watched these boys play for the last seven years. The Towns County Indians 14U Baseball Team placed 3rd in the 2013 District Tournament and 7th in the 2013 State Tournament.

balanced address position without a club and turn the core of your body to start the weight transfer to the back foot. (You will see good players lay their arms across their chest in an X fashion and turn to feel the center of their chest when working on their first move down.) Now focus on the exact moment when you feel the weight start its path to the front foot. Feel yourself push weight off the back foot and settle it on the front foot before anything happens in the swing including too much hip turn. If the lower part of the spine needs to move as the weight transfers then let it happen. Just remember to keep the top part of the spine behind impact. Allow the arms to fall naturally and guide them with the top of the shoulder line.

I know this all sounds hard do but it really isn't. Stay focused on your balance and a lot of this will take care of itself. Give your swing time to work in the proper order and the club path will be correct most of the time. Good luck and I will see you on the course!

Youth Football Registration

Towns County Youth Football Director Jimmy Smith announced that the registration for athletes began on June 29th from 2 p.m.- 4 p.m. at the Towns County High School practice field which is located on the hill behind the elementary school.

A first time participants will need to bring a birth certificate. Everyone will be required to show proof of residence. Fee for the season is \$90. Mark your calendar now.

"We would like all the kids ages 5 - 11 years of age that have a desire to learn how to play football to come out and partici-pate this year," Smith said. "We

had a good turnout last year and a great season and I am looking forward to this year. It is a good experience for the kids and teaching them to play football is what it is all about. We teach them something at this level and they will remember it as they get older. That helps the school teams and your seeing a lot of kids playing in middle and high school that are products of our league.

Registration will be every Saturday through July from 2-4 p.m. until the opening of practice on July 29. If you have any questions please contact Smith at (706) 835-6176.

Mountain United Soccer registration

Association is ready for Fall Soccer. Registrations are currently being accepted. Forms have been mailed to players who have participated in previous seasons. Forms are also available by visiting the league's website: www. mountainsoccer.org.

In Blairsville, CottBeverage is our community host for the soccer fields. In Hiawassee, the

Mountain United Soccer fields at the Towns County Fairgrounds are utilized through the cooperation of the local recreation department. The league is grateful for their commitment and support. The fall season will begin in early September. Anvone who is interested in playing needs to register promptly. In some cases space is limited. MUSA is a volunteer run organization and is also a 501C3 nonprofit. Any and all donations

are directed to the youth player.

Field Sponsors, Sign Sponsors and Team Sponsors are always needed. If you are interested in supporting the youth soccer players in our community through sponsorship and/or donation, please contact the association. For additional information contact the league at 706-994-4351, musa.soccer@gmail.com or visit us on the web at www.mountainsoccer.org.

Fish for Food Fishing Tournament

Matthew 25 Food Ministries presents "Fish for Food Fishing Tournament". 60% of tournament money goes to feed needy families in our area. The remaining 40% will go to tournament prize money. Prize money will be awarded for 1st Place, 2nd Place and 3rd Place and biggest fish. Actual prize amount will depend on number of entries. Entry fee is \$50 per boat, the tournaments begin in March

and end in October, occurring the second Saturday of each month rotating between Lake Chatuge, Woods Grove Boat Ramp and Lake Nottely, Deaver Road Boat Ramp, from 7 a.m. 1 p.m. Tournament schedule: August 10 - Nottely; September 14 - Chatuge; and October 12 -Nottely. For contact information call David Crisp at 706-897-5347.