Composting

When you have a garden, you可能会 find a lot of time in your garden, throwing away coffee grounds or banana peels. Soil amendment materials and fertilizers can be costly, but you can compost your food scraps yourself. You can add your own organic matter to your compost at no cost at all by composting. 

Composting is a great way to reuse materials that would otherwise be thrown away in a valuable and nutrient-rich resource to be added to your vegetable gardens and lawns. To compost effectively, you need to follow four main steps:

1. Maintain a good aeration. Composting relies on the activity of tiny organisms called microbes, and in order to do their job effectively, they need air to get oxygen to the inner portions of your piles. This leads to less composting activity. This should only be allowed if you have enough air or oxygen in your compost to completely consume the materials.

2. Add the correct amount of water. The temperature in your compost pile should stay between 100 and 140 degrees Fahrenheit to put your compost in an active state. If you do not have enough water in your compost, the microbes will not have enough water to consume the materials.

3. Turn the compost regularly. Turning the compost at least once a month will help the materials compost faster. If you do not turn your compost, it will take up to three or four times longer to decompose.

4. Make sure that there is enough moisture. If your compost becomes too dry, it will take longer to decompose. A dry compost pile can also be at risk of developing mold. If this happens, add a little water, but make sure it is not too soggy. If your compost becomes too wet, add some peat moss or shredded wood chips to the pile to help it aerate.

If you have food scraps, you can make your own compost. You can use your kitchen scraps, yard waste, and other organic materials. You can also use your own garden scraps, leaves, and grass clippings.

Let’s make composting a part of our daily lives and create a healthier environment for our future generations.