Road Projects...from page 1

cent sales tax," Commis- schedule for the 2012 Prisioner Kendall said. "Hall and Forsyth counties hold 51 percent of the voting block in our region and they could pass this referendum all by themselves."

Kendall points out that Towns County accounts for 2.4 percent of the registered voters in the 13-county region.

"Hall and Forsyth counties will most likely control the outcome of this ref-Kendall said.

mary Election. The legislation allows counties no viable option, without steep penalties, on providing the list of proposed projects, Commissioner Kendall said.

"Even by adopting this list, I want to be perfectly clear that I am not endorsing this 1 cent sales tax referendum," Commissioner Kendall said. "Most of these projects have been on erendum," Commissioner GDOT's list of projects for many years and are prima-The referendum is rily bridge improvements.

Join a Bird Walk at Folk School



Bird watchers out on the forest trails and streams

Join the Land Trust for the Little Tennessee and Brenda Hull on a crisp spring morning bird walk on April 8th at the John C. Campbell Folk School. Brenda is from Hayesville and teaches at Young Harris College and is going to show us some open field and riparian forest birds along the Little Brasstown Creek. Expect to see warblers, birds of prey, and other species. We will meet at the vegetable gardens at John C. Campbell Folk School Walking Trail at 8 a.m. For more information or to RSVP contact Jill Wiggins at 828-524-2711 ext. 209 or outreach@ltlt.org

The Franklin-based Land Trust for the Little Tennessee (LTLT) works to conserve the waters, forests, farms and heritage of the upper Little Tennessee and Hiwassee River valleys which includes all of western resources. NT(Apr6,F6)CA

North Carolina west of the Balsam Mountains. Since 1999 LTLT has helped conserve over 12,000 acres of land including 35 miles of Little Tennessee River frontage, multiple headwater streams in the Valley River, Snowbird, Balsam, Čowee and Nantahala Mountains, and a number of family farms including a Cherokee County farm that is the largest working farm in NC west of Asheville.

ed the Hiwassee-Valley Land Trust, a project devoted to land conservation in Cherokee and Clay counties. We strive to protect land that is important for its value as wildlife habitat, productive farmland, recreational area, scenic beauty, or historic significance. Everyone who lives in our project areas benefits from the permanent conservation of these

This month's free public workshop: Exploring the Emotional Roots of Disease will be held on Tuesday, April 19, 2011 from 7 p.m. til 9 p.m., please arrive at 6:45 p.m.

Free public workshop: Exploring

the Emotional Roots of Disease

Pain is a messenger. Don't shoot the messenger.

Do you suffer from a chronic or acute disease or pain? Medical research indicates that 90% of all disease is stress-related.

Even when disease is genetic (diabetes, cardiovascular, hypertension, cancer), stress makes it much worse. These diseases and others (such as headaches, gastrointestinal disorders, and back pain) can be reduced when we find the emotional component hidden within the pain or disorder.

Do you want to reduce disease and pain with natural holistic methods?

Many people say they are grateful for their cancer, (or their heart attack, etc.) because it was a wake-up call. They gained meaningful insights because they were forced to change their life. Don't wait for the progression of a disease to be the catalyst to gain insights. Take steps now to create a truly flourishing life.

You can stop the unnecessary suffering.

Even if you can't totally eliminate a disease, you can experience considerable healing. With holistic healing processes, you can save money on medication, surgery, and reduce the time you miss from work. Enjoy more quality time with your family. Ap-

Margie K. Carroll to speak at Moss Memorial Library

On Saturday, April 9th Last year, LTLT initiat- at 2 p.m. Margie K. Carroll will tell her story of her journey toward creating incredible children's books. Margie was born in Texas and resided in New Mexico, but has spent the past 35 years in North Georgia. For 31 years she worked as a teacher, Media Specialist and Technology Specialist in the Cherokee County, Georgia School System. She has spent much of her life viewing the world through the lens of a camera and has mastered the painstaking art of Nature Photography.

Margie's photographs have been featured in numerous Galleries and publications throughout the Southeast. Her camera has captured countless shots during her travels to Alaska, Africa, Canada and numerous western states. She has centered her recent efforts into creating three wonderful books for children. Each of these three books tells a story of one animal's journey from childhood to adolescence. Rather than employ the strokes of a paint brush to illustrate her characters she utilized her extraordinary wildlife photos. The creatures depicted in her books are a Sandhill Crane, a Little Gray Fox, and a Great Blue Heron. Another wildlife photographer, who captured the antics of a Young Polar Bear, coaxed Margie into writing a fourth book for the

ply your new-found energy to making your most important dreams come true!

You'll walk away with practical tools to help your body heal.

Learn how to ask effective questions, and receive answers that generate deep insight and healing.

1. What is your body trying to tell you? Learn how to uncover the message within the pain or disease.

2. What are the unconscious un-met needs of your emotional and spiritual body?

3. What must happen to satisfy these unmet needs so your body can heal?

4. What is the most effective action you must take to accelerate your healing process?

Location: Life Wellness Center & Bookstore, 63 Pleasant Hill Road, Blairsville, GA 30512.

Facilitator: Benita A. Esposito, M.A., is a Licensed Professional Counselor with a master's degree in clinical psychology. Benita combines her classical training with her intuitive abilities to detect self-defeating behaviors, and she helps people fulfill their human potential. She counsels individuals, couples, groups, leads intensive retreats, and facilitates team building for organizations. Benita also serves as a life coach for high-

In-person counseling sessions are available in Blairsville, GA at the Life Wellness Center & Bookstore. N(Apr6,Z12)CA

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younger set.

For information call 706-389-8401. This event is funded by The Fred A. Moss Charity Trust. T(Apr6,F7)CA

MOAA Chapter meeting

The Blue Ridge Mountains Chapter of the Military Officers Association of America (MOAA) meets the third Monday of each month at various area restaurants. All active duty, National Guard, reserve, retired, and former military, public health service, and NOAA officers and warrant officers and surviving spouses are invited to attend.

For information please contact one of the following individuals: in North Carolina Jim Ferrell at 828-335-9203, and in Georgia Tom Shope at 706-745-4072 or visit http:// www.moaa.org/chapter/blueridgemountains. NT(Apr6,Z9)CA

Clayton on Who's Who

Tri-County Community College (TCCC) would like to congratulate Patricia Clayton of Young Harris, GA, on being selected as Who's Who Among Students in American Universities and Colleges. Selection was based on students' grade point average and faculty recommendations. T(Apr6,G1)SH

Sellers Lecture features Romm

The annual Sellers Lecture at Young Harris College will feature New York Times bestselling author Robin Romm on Thursday, April 7, at 7 p.m. in Wilson Lecture Hall of Goolsby Center on the Young Harris College campus. Presented by the Division of Humanities, the event is free and open to the public.

The lecture will take place in conjunction with Palliative and End-of-Life Communication: America's Need and Resistance," a special three-day event sponsored by the divisions of Humanities and Fine Arts, Tuesday-Thursday, April 5-7. This event will feature lectures, presentations and panel discussions by YHC faculty, guest speakers and students, along with a special exhibition at the Campus Gate Art Gallery.

Romm will speak about her memoir, The Mercy Papers, which was named a Top Ten Nonfiction Book of the Year by Entertainment Weekly, a Notable Book of the Year by The New York Times and Top 100 Nonfiction Book by the San Francisco Chronicle.

Romm's collection of stories, The Mother Garden, was a finalist for the PEN USA prize and the Northern California Independent Bookseller's Book of the Year Award. Her stories have appeared in numerous national anthologies and journals, including Tin House, One Story and Threepenny Review.

Romm currently serves as assistant professor of creative writing at New Mexico State University. She lives in New Mexico with her boyfriend, writer Don Waters, and www.vhc/edu/pcw. NT(Apr6.F4)CA



Author Robin Romm their cattle dog, Mercy.

The Sellers Lecture Series was established to honor Bettie M. Sellers, professor emeritus at Young Harris College and noted Georgia poet. Sellers taught English and served as chair of the Division of Humanities at Young Harris College. After 32 years of service, she retired in 1997. She was named Author of the Year in 1979 by the Dixie Council of Authors and Journalists, and she received the Governor's Award in the Humanities in 1987. In 1992, she was named Poet of the Year by the American Pen Women. In 1997, she was named Poet Laureate of Georgia by then-governor and YHC alumnus Zell Miller, '51, a position she held for three vears. She received a lifetime achievement award from the Georgia Writers Association in 2004.

Students, health care professionals and community members are encouraged to attend the lecture and conference.

For more information and a full schedule of events, visit